



CLIENT INFORMATION

Chemical Peels.

Resurface. Refine Texture. Restore Glow.

**ELTHAM
COSMETIC**
CLINIC

EMAIL. enquiries@elthamcosmeticclinic.com.au PHONE. 0440 132 678

SOCIAL. [@elthamcosmeticclinic](https://www.instagram.com/elthamcosmeticclinic)



Chemical Peels.

Chemical peels are customised skin resurfacing treatments that use carefully selected exfoliating acids to remove dull, damaged skin cells and stimulate healthy cellular renewal. Suitable for a wide range of skin concerns, chemical peels can improve pigmentation, acne, congestion, enlarged pores, uneven texture, fine lines and overall skin radiance. Each treatment is tailored to your skin type and goals to deliver safe, effective and visible results.

BENEFITS

Improves skin texture and tone and overall skin quality and radiance

Brightens and refines to reveal healthier-looking skin

Enhances cellular turnover and skin renewal

Customised for your skin concerns and preferred downtime

Reduce Back Acne & Congestion.

Back acne, congestion and post-inflammatory pigmentation can be difficult to treat with home skincare alone. Our customised chemical peel treatments for the back are designed to deeply exfoliate the skin, unclog pores and accelerate cellular renewal, helping to reduce active breakouts while improving overall skin clarity and texture.

Using advanced medical-grade formulations, back peels target excess oil production, congestion, acne-related pigmentation and uneven skin tone to reveal smoother, healthier-looking skin.

TCA CROSS *for Acne Scars.*

TCA CROSS (Trichloroacetic Acid Chemical Reconstruction Of Skin Scars) is an advanced scar revision treatment specifically designed to improve the appearance of deep, atrophic acne scars, including ice pick, boxcar and selected rolling scars.

This highly targeted procedure involves the precise application of a medical-grade TCA solution directly into individual scars. The controlled treatment stimulates collagen production deep within the skin, encouraging the scar tissue to remodel and gradually lift from within. As new collagen develops, scars become shallower, smoother and less noticeable over time. TCA CROSS is frequently combined with other collagen-stimulating treatments such as skin needling, fractional laser resurfacing and regenerative skin therapies as part of a customised scar revision program.

Recommended *Treatment Plan.*

A series of treatments is typically recommended for optimal results, with appointments generally scheduled every 4-6 weeks. The exact number of sessions will depend on your skin concerns, treatment goals, and the type of peel selected. Some advanced peels may deliver significant improvement after a single treatment, while concerns such as pigmentation, acne, or ageing often benefit from a structured treatment program and supportive home skincare regimen. Maintenance treatments may be recommended as advised by your clinician.

RECOVERY TIME

Downtime varies depending on the type and strength of peel selected. Many superficial peels involve little to no social downtime, while more intensive peels may result in temporary redness, dryness, flaking, or peeling as the skin renews itself. Your clinician will discuss expected recovery times and post-treatment care recommendations during your consultation and treatment planning.

To help you achieve the best possible results, your clinician will guide you through any required aftercare before your treatment. Comprehensive aftercare information can also be provided ahead of your appointment if desired.

THE EASIEST WAY TO COME AND SEE US

Lots of clients are unsure of the treatments that they need for their concerns. That's why we make it easy for you and give you the very best of guidance and advice. The easiest way to book is online, any time that suits you, in just a few clicks. **[Book online here.](#)**

Prefer to talk it through first? Call or text us any time on **0440 132 678**, and our friendly team will happily help get you booked in.

Get to know the people *behind your treatments.*

Your skin is in experienced, fully qualified hands. Here are two of the people who will care for you.



Gretel Beames

DERMAL THERAPIST & CORNEOTHERAPIST

Gretel is our warm and passionate Dermal Therapist and Corneotherapist, the perfect person to see for expert, considered skin health guidance. She takes the time to understand your skin and build a plan that supports it for the long term.

Qualified Dermal Therapist · Certified Corneotherapist

Get to see her qualifications [here](#).



Anna Laver-Gawel

REGISTERED NURSE & DERMAL CLINICIAN
AHPRA Reg. NMW0002877263

A valued part of the team since 2019, Anna blends a Master of Nursing with a Bachelor of Applied Health Science (Clinical Aesthetics). She has a special interest in complex skin concerns, and is wonderful at making the overwhelming feel simple, so clients feel clear and reassured in their choices.

Master of Nursing Practice · Bachelor of Applied Health Science (Clinical Aesthetics) · Member, Australian Society of Dermal Clinicians

To view her qualifications and experience, or get to know her, [click here](#).

Come and *visit us.*

856 Main Rd, Eltham VIC 3095

MON-WED 10AM-6PM · THU-FRI 10AM-8PM · SAT 10AM-4PM

We can't wait to welcome you soon!



Our Peels, Pricing & Packages.

SUPERFICIAL CHEMICAL PEEL + LED TREATMENT

Combining our most beloved skin therapy of LED, with whichever chemical peel your clinician deems most suited to you. Experience the benefits of deeper exfoliation, brightening, hydration, or improvements to texture, tone, or pigment, then relax and bathe under the warm light of the LED while it boosts your skin cell activity, calms and soothes.

Single Treatment	\$189
Package of 3	\$499

PRE-PARTY PEEL + LED TREATMENT

Our go-to, pre-party peel! Perfect for brightening, hydrating, and rejuvenating the skin, suitable for all skin types. The perfect place to start if you're new to chemical peels. Social downtime: none.

Single Treatment	\$149
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MELA PEEL FORTE

This chemical peel is known for its ability to profoundly improve pigmentation concerns, without the intense discomfort or downtime. Mela Peel is a leave on treatment you go home in and rinse off after 8 hours.

Single Treatment	\$299
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COSMO PEEL FORTE

Dermaceutic Cosmo Peel Forte is designed to treat acne scars, age spots actinic keratosis, fine lines and wrinkles. Outstanding results after 1 treatment. Advanced Formula (Phenol, TCA and Glycolic) for maximum effectiveness. Noticeably smoother and more youthful looking skin.

Single Treatment	\$499
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Our Peels, Pricing & Packages.

continued

TCA CROSS CHEMICAL PEEL

Designed for the treatment of challenging acne scars, TCA CROSS is a precision skin reconstruction procedure that stimulates collagen renewal deep within the skin to create smoother, more refined and confident-looking skin.

TCA Peel: Full Face Treatment	\$399
TCA Peel: Half Face Treatment	\$299
TCA Peel: Spot Treatment	\$109

CHEMICAL PEELS FOR BACK ACNE & CONGESTION

Using advanced medical-grade formulations, back peels target excess oil production, congestion, acne-related pigmentation and uneven skin tone to reveal smoother, healthier-looking skin.

Peel: Full Back Treatment	\$499
Peel: Half Back Treatment	\$300

We recommend talking to your clinician about your ultimate skin goals, and together you will formulate a treatment plan that also includes the essential at-home skincare you'll need to ensure safety, as well as maximise the effectiveness and results of each peel.

BOOK YOUR APPOINTMENT

Call or text any time: 0440 132 678

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