



CLIENT INFORMATION

LED Light Therapy.

Support Cellular Repair. Calm Inflammation. Enhance Skin Glow.

**ELTHAM
COSMETIC**
CLINIC

EMAIL. enquiries@elthamcosmeticclinic.com.au PHONE. 0440 132 678

SOCIAL. [@elthamcosmeticclinic](https://www.instagram.com/elthamcosmeticclinic)

Cellular Regeneration and Skin *Rejuvenation* with LED.

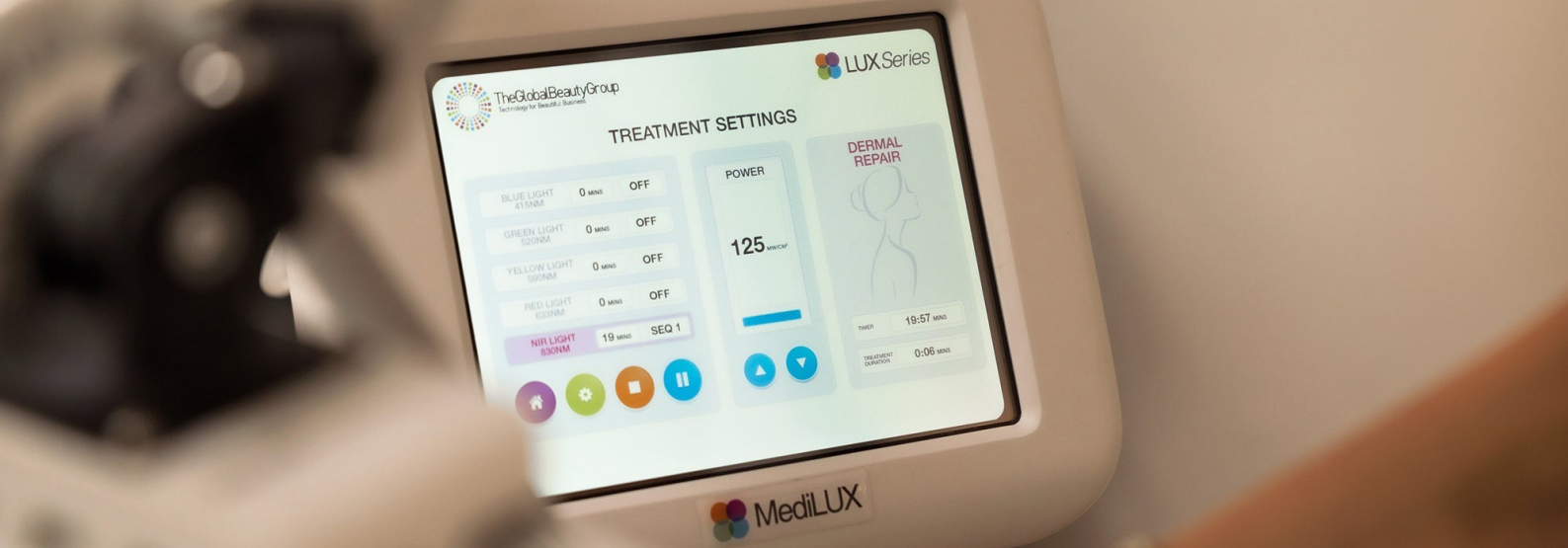
LED Light Therapy is a non-invasive treatment that uses specific wavelengths of light to stimulate cellular activity within the skin. The treatment works by penetrating the skin at varying depths to support healing, reduce inflammation, and improve overall skin function and clarity. It is suitable for a range of concerns including anti-aging, acne, redness, congestion, and general skin rejuvenation.

OUR DEVICE · THE MEDILUX

At Eltham Cosmetic Clinic, your LED Light Therapy is delivered with the MediLux, a large, medical-grade LED system from The Global Beauty Group's LUX Series. Unlike smaller handheld or take-home masks, the MediLux is a powerful in-clinic unit that bathes the full face and neck in light, delivering each of its five therapeutic wavelengths at a consistent, treatment-strength dose. Its size, power and precision are what let us tailor every session to your skin and get the most from your treatment.

5 DIFFERENT TREATMENT WAVELENGTHS

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-  Red (633nm)
Stimulates collagen and elastin production to support skin repair, improve firmness, and reduce visible signs of ageing
 -  Near Infrared (830nm)
Penetrates deeply to stimulate collagen production, enhance cellular energy and accelerate healing and overall skin recovery
 -  Blue (415nm)
Targets acne-causing bacteria on the skin's surface to help reduce active breakouts and congestion in acne-prone skin
 -  Yellow (590nm)
Calms redness and sensitivity while supporting circulation to soothe and strengthen reactive skin
 -  Green (520nm)
Helps improve skin tone and promotes a more balanced, even-looking complexion
-



Recommended *Treatment Plan.*

A course of LED Light Therapy is typically recommended for best results. Most clients benefit from 6-12 sessions, usually performed 1-2 times per week initially depending on the skin concern being treated. Improvements in inflammation, skin tone, and overall skin health can often be seen within the first few sessions, with more noticeable results developing progressively throughout the treatment course. Maintenance treatments may be recommended monthly or as needed to support ongoing skin health and results.

LED Light Therapy can also be added on to other in-clinic skin treatments to help enhance results, calm the skin, and support reduced downtime and faster recovery following procedures such as laser or chemical peels.

RECOVERY TIME

LED Light Therapy has no downtime, and clients can return to normal daily activities immediately after treatment. The skin may feel slightly warm or appear mildly flushed temporarily, but this generally resolves quickly post treatment. There is no need for special aftercare, however maintaining a consistent skincare routine and daily SPF use is recommended to support results. LED light therapy can also be safely combined with other treatments as part of a broader skin treatment plan.

To help you achieve the best possible results, your clinician will guide you through any required aftercare before your treatment. Comprehensive aftercare information can also be provided ahead of your appointment if desired.

THE EASIEST WAY TO COME AND SEE US

Lots of clients are unsure of the treatments that they need for their concerns. That's why we make it easy for you and give you the very best of guidance and advice. The easiest way to book is online, any time that suits you, in just a few clicks. **[Book online here.](#)**

Prefer to talk it through first? Call or text us any time on **0440 132 678**, and our friendly team will happily help get you booked in.

Get to know the people *behind your treatments.*

Your skin is in experienced, fully qualified hands. Here are two of the people who will care for you.



Gretel Beames

DERMAL THERAPIST & CORNEOTHERAPIST

Gretel is our warm and passionate Dermal Therapist and Corneotherapist, the perfect person to see for expert, considered skin health guidance. She takes the time to understand your skin and build a plan that supports it for the long term.

Qualified Dermal Therapist · Certified Corneotherapist

Get to see her qualifications [here](#).



Anna Laver-Gawel

REGISTERED NURSE & DERMAL CLINICIAN

AHPRA Reg. NMW0002877263

A valued part of the team since 2019, Anna blends a Master of Nursing with a Bachelor of Applied Health Science (Clinical Aesthetics). She has a special interest in complex skin concerns, and is wonderful at making the overwhelming feel simple, so clients feel clear and reassured in their choices.

Master of Nursing Practice · Bachelor of Applied Health Science (Clinical Aesthetics) · Member, Australian Society of Dermal Clinicians

To view her qualifications and experience, or get to know her, [click here](#).

Come and *visit us.*

856 Main Rd, Eltham VIC 3095

MON-WED 10AM-6PM · THU-FRI 10AM-8PM · SAT 10AM-4PM

We can't wait to welcome you soon!



Pricing & Packages.

Single session	\$89
3 pack	\$239
5 pack	\$399
Add-on price	\$49

LED Light Therapy can be enjoyed as a stand-alone treatment or added on to another in-clinic skin treatment to enhance your results. Your clinician will help you choose the option that best suits your skin and goals.

BOOK YOUR APPOINTMENT

Call or text any time: 0440 132 678

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